

# London Springs Care Center, Inc.

160 West 500 North  
Heber City, Utah 84032  
(801) 654-5500

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May 1989

## "WHATS HAPPENING"

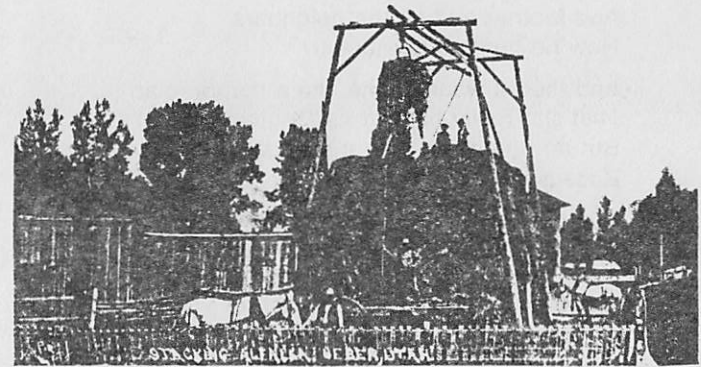
National Nurses Day was Saturday May 6 and the nurses recieved a beautiful plant in recognition of the excellent work and as a symbol of thanks for all the special, extra work they do for the residents at London Springs Care Center.

May 14 through May 20 is National Nursing Home Week. Several special activities have been scheduled during this week to celebrate and everyone is invited to attend. The week will end with our annual Chuck Wagon Breakfast on May 20, 1989 at 9:00am.

Our nursing assistants are still anxiously waiting for the results of their certification tests they took last month. We are certain that they all did well and a certification assembly will be planned for later date.

London Springs Care Center is getting the ball rolling as we prepare to upgrade to a skilled facility. Everyone is anxious and working hard to see that this goal is reached soon. It will take some time, but we will do it!!!

## "PRESTIGIOUS PAST"



Farmers in the valley used this method to build their hay stacks until the early 1910's.

Before the time of high technology and heavy equipment; everything was done by hand with a little help from the family mule or the family ox. Many of us still remember the old hay stacking days as pictured above. The children always thought it was fun, but the adults enjoyed the long days work. Perhaps one day the tractor will be a part of our own prestigious past.

## "WISDOM CORNER"

CHILDHOOD: That time of life when you make funny faces in the mirror.

MIDDLE AGE: That time of life when the mirror gets even.

## SENIOR CITIZEN DITTIE

### CLAIM TO FAME

My Mother sat on Brigham Young's lap,  
As she was always proud to tell  
She'd mention how he hugged her  
And his charm had cast its spell

For he was the "King of the Mountains"  
And the King of the salty sea  
And Mother told all the neighbors  
How he hugged her joyfully

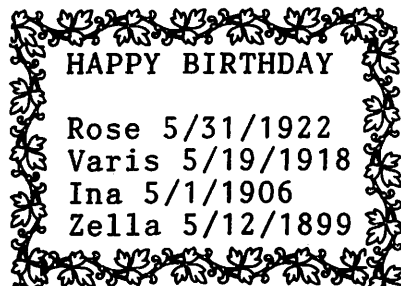
And then it would come like a thunderclap  
That she really had sat on Brigham Young's lap  
But no one could start a scandal, you see,  
Because after all she was only three.

But what she didn't tell in later years  
Is that Brigham held her to calm her fears  
He patted her gently and dried her tears  
And cast a spell that would last for years.

By Sue R. Watson  
97 years young

### "CHUCK WAGON BREAKFAST"

Saturday, May 20 from 9:00am to 11:00 is our annual chuck wagon breakfast. We always have plenty to eat and a lot of fun. It will be at our park at London Springs. It's \$2 a plate and \$1.50 for seniors. See ya there!



## MEAL OF THE MONTH

Each month our Resident Council choses a menu of thier choice to enjoy and invite family and friends. Watch for your invitation in the future.

Tacos  
Special Hòt Sauce  
Peaches and Cottage Cheese  
Ice Cream and Topping

## EMPLOYEE OF MONTH

Veda Brierley - Dietary Manager

## RESIDENT OF MONTH

Barbara "Babs" Blonquist

Barbara was recently admitted to London Springs Care Center and has added fun and friendship to our home. She is a long time resident of the Summit County area and has many friends and a few relatives who live at the care center also. We are happy to have Barbara as part of our London Springs family.

ADMINISTRATOR - TODD WINDER  
OFFICE MANAGER - MARION WRIGHT  
DIRECTOR OF NURSING - JANET MATTHEWS  
DIETARY MANAGER - VEDA BRIERLEY  
ACTIVITIES DIRECTOR - ELLAN BROWN  
MAINTENANCE SUPERVISOR - TOM BRANDT  
SOC. SERVICES/MED. REC. - GLENNA AZLIN

MONTH May

YEAR 1989

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Exercise 9:30 Current Events 10:30 Resident Council	2 9:00 Old Tapes 10:00 Relief Society 3:00 Bingo	3 9:00 Exercise 9:30 Current Events 10:30 Sing-A-long	4 8:30 Current Events 2:00 Special Friends 4:00 Story Reading	5 9:00 Exercise 9:30 Current Events 10:00 Chat & Chew	6 11:00 Film and Popcorn
7 10:00 L.O.S. Church Services	7:00 Family Home Eve 8 9:00 Exercise 9:30 Current Events	9 9:00 Old Tapes 10:00 Relief Society 11:30 Meal of the Month 3:00 Bingo	10 9:00 Exercise 9:30 Current Events 10:30 Sing-A-long 3:30 Catholic Services	11 8:30 Current Events 2:00 Special Friends 4:00 Story Reading	12 9:00 Exercise 9:30 Current Events 10:00 Chat & Chew	13 1:00 Film and Popcorn
14 Happy Mother's Day 10:00 L.O.S. Church Services	15 9:00 Exercise 9:30 Current Events 10:00 Mary Jo Coleman 7:00 Fam. Home Eve	16 9:00 Old Tapes 10:00 Relief Society 1:30 Stella & Joan 3:00 Bingo	17 9:00 Exercise 9:30 Current Events 10:30 Sing-A-long 3:30 Catholic Services	18 8:30 Current Events 10:00 Doug Pope 2:00 Special Friends 4:00 Story Reading	19 9:00 Exercise 9:30 Current Events 1:30 Synnisekey 2:00 B-Day Party 3:00 Nail Polishing	20 9:00 A.M. 11:00 Thurs. Dragon Breakfast 1:00 Film & Popcorn
21 10:00 L.O.S. Church Services	22 9:00 Exercise 9:30 Current Events 7:00 Fam. Home Eve	23 9:00 Old Tapes 10:00 Relief Society 3:00 Bingo	24 9:00 Exercise 9:30 Current Events 10:30 Sing-A-long 3:30 Catholic Services	25 8:30 Current Events 2:00 Special Friends 4:00 Story Reading	26 9:00 Exercise 9:30 Current Events 10:00 Chat & Chew 3:00 Nail Polishing	27 1:00 Film & Popcorn
28 10:00 L.O.S. Church Services	29 9:00 Exercise 9:30 Current Events 2:00 Ceramics 7:00 Fam. Home Eve	30 9:00 Old Tapes 10:00 Relief Society 3:00 Bingo	31 9:00 Exercise 9:30 Current Events 10:30 Sing-A-long 3:30 Catholic Services 7:00 Women's Softball			

turning home  
under

Dr. R. Raymond Green  
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